



Ordinary Man turning into Brutal Violator

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ABSTRACT

According to the National Crime Records Bureau about 4 lakhs rape cases were reported against woman in 2019, up from 3.78 lakhs in 2018 and 3.59 lakhs cases in 2017. National Crime Records Bureau reported 88 rape cases a day. It has become a culture that the rape victims are blamed for their violation through several interviews it's been concluded that rape emerges from the culture which usually involves the domination of women. It is necessary to conduct activities like self-defense and educational programs so that the desired results are acquired. Sexual violation is such an offence which leads to physical, emotional and moral traumas¹. Therefore, it is not only required to know the state of mind of a victim but also the psychology of the offender who commit such heinous crime so that such violation against woman can be stopped to some extent. This paper looks over this aspect and discusses the same thoroughly.

Keywords: Rape, victim, crime, trauma

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¹ Waggett GJ / A Plea to the Soaps: Let's Stop Turning Rapists into Heroes / TV Guide 1989 / 10-11.



You really think putting up “Stop Sexual Harassment” banner would make a difference on the Rapist’s mind?’

Rapists are the mostly ones who had been treated badly by their mothers and others at their young age so when a rapist rapes someone or perform his assault on someone, he is trying to teach that person that how he should be respected and he repeats his crime again and again. He gains enough courage to take the revenge from his mother and in case of any serial rapists and killers they have done it many times before they are caught.

According to me, Rape actually occurs due to sexual perversion. Studies and researches have shown that the people who are sex addicts and who spend more time in watching pornography and related stuffs are mostly involved in rape. The mentality of the rapists develops from the same place as a non-rapist. Different kinds of thoughts and emotions run through the minds of a rapist. Rapes are impulsive and opportunistic, and those people commit rapes who can commit other impulsive crimes². The rapists show anger to their victims and use unnecessary force. For some rapists, rape is like fixed sexual fantasy in which they force a woman for sex and then expect that women to fall in love with them. In some cases, rapists are likely to flee if the woman puts a strong resistance for the sex. There are rapists who are revengeful and their assaults are physically harmful as their main intention is to degrade and humiliate to woman. They are likely to inflict the physical damage on their victims. Rapists while performing assaults towards their victims feels very exciting and powerful.³ A theory says that men rape when they want to show their dominance or authority. They feel peaceful when they are successful in punishing women and giving them pain.

“It gave me a feeling of power over that person. I wouldn’t have said it then, but it’s obvious to me looking back that I was lost and out of control”

A study on 10000 men from Bangladesh, Cambodia, Indonesia, Papua New Guinea and Sri Lanka were carried out by the United Nations for two years. It is not a rarity when one of four men has raped someone in their life and one who has raped someone who is not their romantic partner. UN researchers said when a rapist performing assault on his victim, he feels a sense of sexual entitlement while inflicting violence and they don’t feel guilty about it.

² A crime of passion refers to a violent crime in which the perpetrator commits the act against someone because of sudden strong impulse.

³ J of Evolution of Med and Dent Sci/ eISSN- 2278-4802, pISSN- 2278-4748/ Vol. 3/ Issue 34/Aug 11, 2014



Criminal Psychologist, Rajat Mitra⁴, carried out a research on 242 convicted rapists lodged in Delhi's Tihar Jail⁵ over five years, ending in 2008. He reconstructed the mind of a rapist. He is assisted by the police to help them in investigation of crime and he examines the body of the victim to know the intensity of the culprit and the working of culprit's mind. The study distinguished the rape into three categories:

- Extremely violent rapes.
- Sadistic rapes
- Rapes which leads to murder.

Rape is a behavioral crime and it is an act of violence which causes horror and fear in the mind of the victim. The rapist inflicts violence as he cannot seek the consent. Rapists targets the victim, trials her and attacks her very carefully and peacefully. As he finds opportunity, he attacks his victim finally without any fear. He waits for an opportunity and he can wait even for years. It is found that the rapists with the help of technology stalk their victims and then search for an opportunity. **All rapists are visionaries⁶.**

As many as 72 percent of the rapists interviewed, it showed the psychopathic traits or anti-social personality disorder. It has also been found that 68 percent of the rapists have difficult childhood characteristics which include either violence or bad-parenting. There is no guilt or remorse feeling in a rapist. The base objective of the rapist is to nurture a lot of rage/anger against their victim. They are different from the normal person as they have a sadistic desire to enact their sexual fantasies. Studies have showed that it is not necessary that a rapist need to be a sinister looking person and can be detected from a distance. A rapist can even walk with confidence and can have flair and a lot of charm. Mitra's studies as well as many other studies has identified that it is not necessary that the rapist need to be a stranger. In 90 percent of the cases the rapist is generally a known person to the victim.

Most of the studies showed that the rapist is the one upon whom the victim has an implicit trust. Rapists are mostly a relative a physicist, a friend, a guru and even a teacher. Like in the **Unnao**

⁴ Holds a PhD in Psychology, is a social entrepreneur.

⁵ Opened in the year 1957 and managed by Department of Delhi Prisons, Government of Delhi.

⁶ Quote by Deyth Banger



gangrape case⁷, one of the accused, Kuldeep Singh Sengar⁸ was known to the 17 years old victim. They resided in the same village. It is not a coincidence that most of the rapists are the one who have opted for certain professional degree and the victim cannot even suspect their bad intention. The rapist may be a spiritual guru, a teacher, a doctor or a person who works in an orphanage. Let consider the gang rape of an eight year old in Kathua⁹, Mitra after examining the charge sheets found a lot of difficulties in narration and called for a proper investigation, he has dealt with many paedophilia¹⁰ cases but has never come across any such case where paedophilia have worked together for the advancement of a collective cause like nationalism. He found that the rapists rarely drug their victims.

The rape has nothing to do with the race, class and marital status. Rapists deny that they have raped a woman and rather admit that they have done the nonconsensual sex. The men get off on sexual violence under normal conditions too, when a man is drunk or if he is angry or if he thinks that she has been “asking for it” enters into sexual violence. It does not mean he is going to rape; he is just aroused by the idea. A study by a psychologist Neil Malamuth¹¹ said that the men in the prison are often generalists who would steal the television, watch and car and sometimes even steal sex. But men who commit sexual assault and are not imprisoned are the specialist. They have a primary criminal transgression. The surveys were made on college students and other committees were made in which it was found that their studies avoid the term such as “rape” and “sexual assault”.

Many rape cases often get unreported as the victim think they have provoked the rapist by their action and their trail was unsuccessful to back out when it was going out of control. The victims are fearful and embarrassed of social consequences as the social culture is to blame the victim and questions the validity of the claim. Studies have found that some violent rapists tend to be young, from lower class background and are of minority class¹².

⁷ Took place on 11th June, 2017.

⁸ Member of Legislative Assembly of Bhartiya Janta Party

⁹ The rape incident in which a 8 years girl, Asifa Bano was targeted. The incident took place from 10th January 2018 to 17th January 2018.

¹⁰ Sexual feelings directed towards children

¹¹ Psychologist at the University of California, Los Angeles.

¹² A study by Holmes and Holmes(2002)



By studies it is found that rapists display higher level of aggressiveness, assault and pessimistic behavior. It is found that rapists suffer from sadistic and passive-aggressive traits. A rapist doesn't need to be under any influence of drug or doesn't need to be drunk but it is the mindset of the rapist that prone to such wicked act.

Considering gang rapes, rapists are usually of younger age¹³ and it frequently involves use of drugs or alcohol. According to recent studies it is found that gang rapes are more violent and the injuries are more severe to the victim¹⁴. The men involved in gang rape are motivated because of the benefit which includes fellowship and co-operation. For some men it is a pride of power and through which they are able to maintain their image within the groups. Some people participate in gang rapes as they are indebted to the leader of the group or are emotionally dependent on the leader. No rapist of the gang rape feels that he is individually responsible for the condition of the victim. Therefore they are highly motivated without any sense of fear.

CONCLUSION

The recent surge in sexual violence towards women in India require a multi-pronged response that should involve not just organized and non-organized sectors, but also individuals as members of that society as perpetrators of rape often have mental health and psychosocial risk factors that trigger, maintain and perpetuate the offence¹⁵. Psychiatry can play a constructive and educative role in assisting criminal justice agencies in managing this scourge. For the discipline to do so, it requires leadership and vision in developing the neglected field of forensic mental health. National mental health planning must include centers that can train the next generation of professional in the assessment and management of offending behaviors such as rape¹⁶. The rape humiliates the victim. Thus, rape is even worse than a deadly disease and should be totally eradicated. There must be such laws which help women to approach for justice without any apprehension of fear in mind or feel guilty of being a rape victim. Then only a society where every woman is safe can be formed and then only every woman can live with full dignity and respect.

¹³ Parrot a, Bechhofer L/ Acquaintance rape: the hidden crime/New York.Wiley/1991

¹⁴ Porter LE, Alison LJ/Examining Group Rape: A Descriptive Analysis of Offender and Victim Behaviour. European Journal of Criminology 2013/3(3), 357-381

¹⁵ Jaydip Sarkar/Mental Health Assessment of Rape offenders/July 2013/ 235-243

¹⁶ U.S. Department of Justice/Office of Sex Offender Sentencing, Monitoring, Apprehending, Registering, and Tracking/March 2017.